



Allen Temple Baptist Church

Rev. Dr. Jacqueline A. Thompson, Senior Pastor
Rev. Dr. J. Alfred Smith, Sr., Pastor Emeritus

21-Day Prayer Consecration

*“The Lord is my portion,” says my soul, “Therefore I
wait for Him.” The Lord is good to those who await
Him, to the person who seeks Him.
- Lamentations 3:24-25 (NASB)*

January 2 - 22, 2023

21-Day Prayer Consecration

How to Participate

Follow along with the prayer prompts each day

Pray for those concerns using the scriptures to inform your prayers.

Consecrate by fasting

You can also give up a treasured hobby, favorite food, or other activity.

Guiding Scripture References for a Fast (Partial List)

Daniel 9:3; 10:2-3

Daniel fasted before he received a vision

Acts 13:2-3, 14:23

In Acts, church leaders fasted to know God's purpose and direction in ministry.

Matthew 4:2; Luke 4:1-2

Jesus fasted before he began his ministry

21-Day Prayer Consecration

Fasting Options*

Daniel Fast

Eat no meat, no sweets, and no bread. Drink water or pure fruit juice. Eat fruits and vegetables.

Sacrificial Fast

This fast involves giving up things like television, social media, unnecessary spending, or hobbies.

Partial Fast

A partial fast is refraining from food during a certain window of time, for example from 6:00 am to 3:00 pm or from sunup to sundown.

*if you are unable to fast for any reason, you are still invited to pray with us daily!

Tips for Success

Pray about your fast

Ask God what you should give up during the time of consecration.

Plan to pray

Identify a specific time each day that will be committed to prayer over and above your regular time of devotion then set a reminder in your phone or calendar app.

Stay plugged in

Join us each week for the Wednesday Evening Prayer Call (check your Allen Temple Email for dial-in information) to get strength and inspiration for the journey.

Get a partner

Buddy up with a friend who will hold you accountable and commit to the 21 days with you.

Go with God

If you feel led to pray about something different than the daily prompt, do it!

Keep going and expand

Use a Bible App such as YouVersion® or other resources like Daily Bread or Precepts for Living to get a scripture a day that you can use to springboard your time of prayer.

Personal Prayers

Week
1

Monday, January 2

Pray to Seek God More

Matthew 6:33; 2 Chronicles 7:14; Psalm 27:4; Psalm 105:4; Isaiah 55:6; Jeremiah 29:12-13

Tuesday, January 3

Pray for a Deeper Prayer Life

Luke 11:1-13; Psalm 18:6; Ephesians 6:18

Wednesday, January 4

Pray for the Fruit of the Spirit to be Expressed in Your Life

Romans 8:14; Galatians 5:16; Galatians 5:22-23; Philippians 2:13

Thursday, January 5

Pray for Greater Hunger for and Understanding of the Word of God

Psalm 119:169; Matthew 13:23; Joshua 1:8

Friday, January 6

Pray for Healthy Relationships

Romans 12:10, 18; 1 John 2:9-11

Saturday, January 7

Pray for God's Wisdom

James 1:5; Proverbs 2:2-6

Sunday, January 8

Pray for Strength and Endurance

Psalm 29:11; John 16:33; Jeremiah 17:7-8; 2 Corinthians 4:16-18; John 14:27; 1 Peter 5:6-10

Prayers for our Church

Week
2

Monday, January 9

Pray for our Pastor and Leaders

Isaiah 11:2; Isaiah 54:17; Ephesians 6:10-18

Tuesday, January 10

Pray for the Members of our Church

Ephesians 4:1-6; 2 Peter 1:3-8

Wednesday, January 11

Pray for our Children, Youth, and Families

Psalms 115:13-15; Psalm 127:3; Proverbs 22:6; Ephesians 6:1-4

Thursday, January 12

Pray for our Church Ministries

1 Samuel 12:24; Ephesians 2:10; Proverbs 16:3; Ephesians 3:20

Friday, January 13

Pray for Giving and Resources

Luke 6:38; Philippians 4:19; Malachi 3:10; 2 Corinthians 9:10-11

Saturday, January 14

Pray for Evangelism

Matthew 28:19-20; Acts 1:8; Acts 16:13-15; 2 Thessalonians 3:1; Acts 2:47

Sunday, January 15

Pray for Community Impact

Matthew 5:16; Nehemiah 2; Hebrews 13:16

Prayers for our Community

Week 3

Monday, January 16

Pray for Friends, Acquaintances, Work Colleagues, and Neighbors

3 John 1:2; 1 Samuel 12:23; John 6:44; Ephesians 1:18; 2 Timothy 2:25

Tuesday, January 17

Pray for Elected Officials and Civic Leaders (City, County, State, National)

Isaiah 1:17; Jeremiah 29:7; 1 Timothy 2:1-3; Proverbs 31:9; Micah 6:8

Wednesday, January 18

Pray for Business Leaders, the Economy, and Livable Conditions in the Bay Area

Psalms 118:25; Psalm 122:7; Psalm 127:1-2

Thursday, January 19

Pray for the Unsheltered and Root Causes of Homelessness

Deuteronomy 15:7; 1 Samuel 2:8; Psalm 12:5; Psalm 140:12

Friday, January 20

Pray for the Cessation of Violence and Wisdom to Address Root Causes

Psalm 4:8; Psalm 34:14; Psalm 140:1, 4; Psalm 147:14

Saturday, January 21

Pray for God's Protection for the Vulnerable and Marginalized

Psalm 91; Psalm 146:9; Jeremiah 22:3

Sunday, January 22

Offer Prayers of Praise and Thanksgiving

Psalm 7:17; Psalm 18:49; Psalm 33:1; Psalm 34:1; Psalm 92:1; Psalm 30:12