

Allen Temple
Sunday School Lesson

The Lord's Day
1 Peter 2:1-12

Keep it Holy

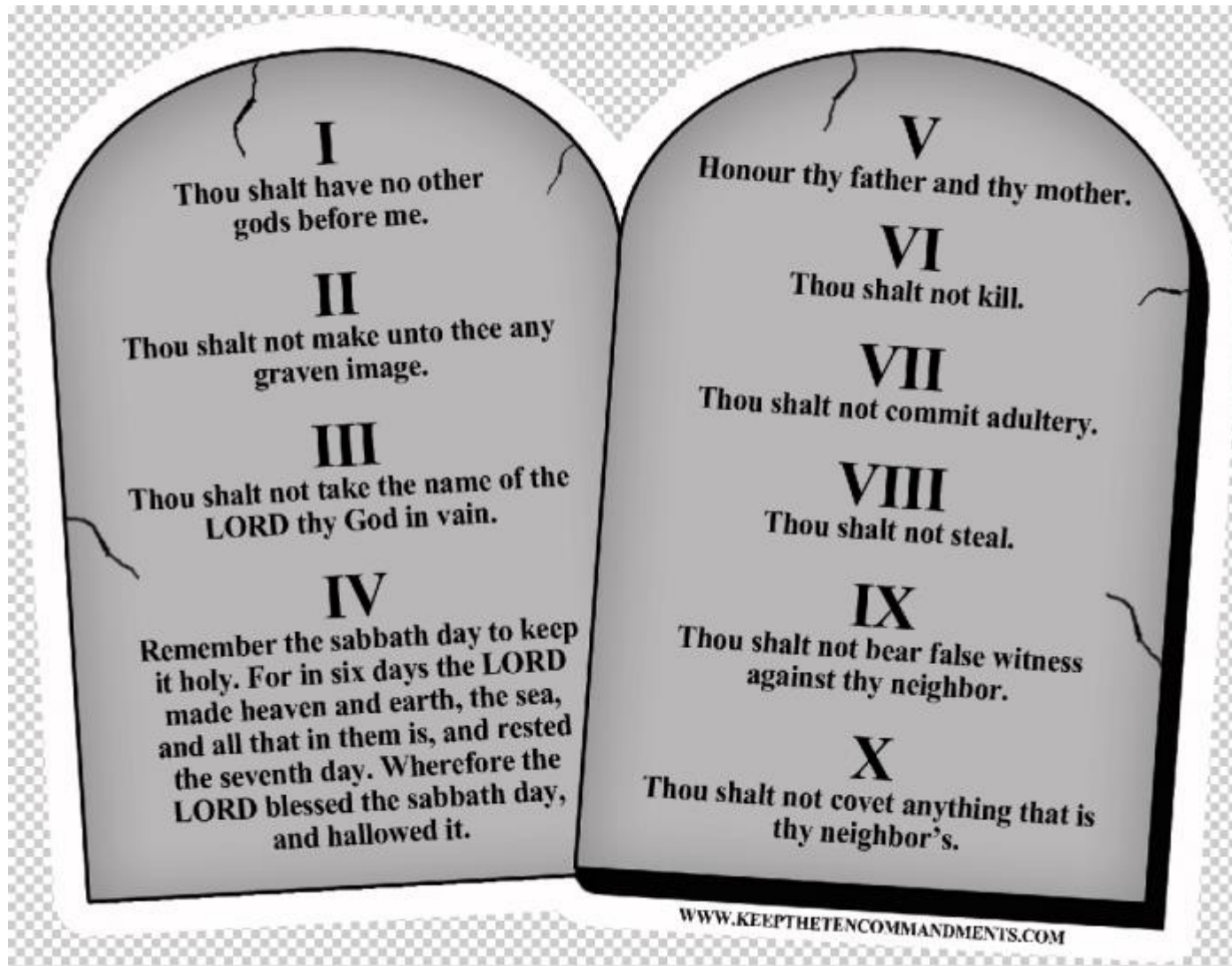
February 15, 2026 Rev. A. Peoples

*Happy
Sabbath*



Introduction

Foundational Commands to the Chosen

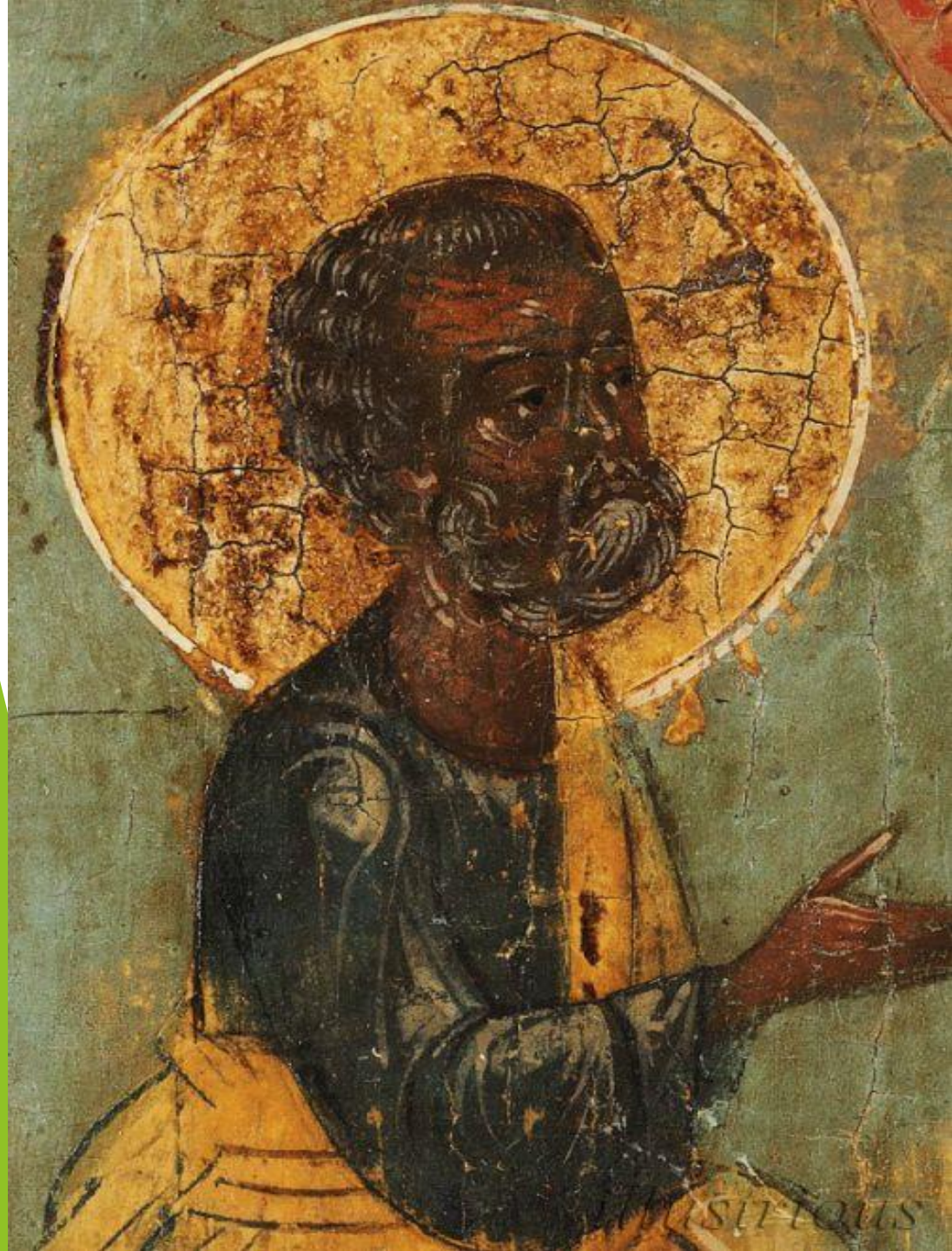


Lesson Aims:

DEFINE: Sabbath

a day of religious observance and abstinence from work, kept by Jewish people from Friday evening to Saturday evening, and by most Christians on Sunday: "we observe the Sabbath as God has commanded"

- a) Summarize Exodus 20:8-11
- b) Compare and contrast the Old Testament command to honor the Sabbath with the practices of worship in the early church.
- c) List ways to bring rest and worship together in the upcoming week.
- d) What are some things believers can do to guard against following what the world and sinful desires encourage?



Ekklesia

Greek term meaning “called-out assembly” or “congregation” derived From *ek* (out of) and *kaleo* (to call). *In the New Test. it is translated as “church”*



Lesson Text

Exodus 20:8-11 The Sabbath Day

8 "Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. 11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore, the Lord blessed the Sabbath day and made it holy.

NIV

Lesson Text

Romans 14:4-6 Honoring Special Days

4 Who are you to judge someone else's servant? To his own master he stands or falls. And he will stand, for the Lord is able to make him stand. 5 One man considers one day more sacred than another; another man considers every day alike. Each one should be fully convinced in his own mind. 6 He who regards one day as special does so to the Lord. He who eats meat, eats to the Lord, for he gives thanks to God; and he who abstains, does so to the Lord and gives thanks to God.

Revelation 1:10 On the Lord's Day I was in the Spirit, and I heard behind me a loud voice like a trumpet,

Closing Thought

Who are We?

Discussion:

- ❑ Chosen People
 - Israelites (Old Test.)
 - All Believers (New Test.)
 - 1 Peter 2:9 “a royal priesthood, a holy nation, God’s possession”
 - ❑ Created in God’s image and likeness
 - Genesis 1:26*
 - ❑ Consecrate (set aside) Genesis 2:1-3, Exodus 20:11
 - ❑ Covenant
 - Exodus 19:5-6*
- Set apart as a kingdom of priests and a holy nation, to represent God to other nations. The primary purpose of this choice was to bring the Messiah into the world.